



Department of  
Civil Service

**Wellness Programs/Activities - “Health Maintenance Organizations Specifications for the New York State Health Insurance Program”**

**Offeror Name:**           MVP Health Care          

Description of Program/Activity	Date held or scheduled date
<b>2020</b>	
<p>2020 strategic worksite wellness planning efforts supported by MVP’s Commercial Health Promotion team will include:</p> <ul style="list-style-type: none"> <li>• Continue to provide support through educational displays for EAP Fairs for requested NYSHIP locations</li> <li>• Provide consultative support for wellness leads at locations where requested. Support includes providing industry standard, best practice recommendations for wellness program structure and implementation</li> </ul>	<ul style="list-style-type: none"> <li>• 5/1/2019 – Wellness overview with Melissa Pendleton at Rochester Hall of Justice to review MVP capabilities and Wellness Rewards Benefit.</li> <li>• Q4 2019/Q1 2020 – Assisted NYS OPWDD with wellness interest survey and strategic planning tools so they could deploy a survey to employees to gather data. They had great success and gathered 1,492 completed surveys (7.49% response rate). OPWDD had plans to share results with MVP for planning purposes in January 2020 but nothing was scheduled pre-COVID.</li> <li>• 2/20/2020 – DASNY \$600 Well-Being Rewards Overview Presentation for MVP member employees</li> <li>• 2/20/2020 – MVP’s Commercial Health Promotion Overview Presentation for DASNY</li> </ul>
<b>2021</b>	
<p>2021 strategic worksite wellness planning efforts have been put on hold due to the uncertainty of COVID-19. However, MVP’s Commercial Health Promotion team can continue to provide consultative support in both virtual and onsite capacities when requested. Support includes but is not limited to:</p> <ul style="list-style-type: none"> <li>• Available to host Zoom, WebEx, or MS Teams meetings/calls to strategize on wellness opportunities and ideas, provide tools and resources, educate employees on a variety of well-being topics and/or the \$600 WellBeing Rewards benefit.</li> <li>• Virtual programs available through both MVP &amp; our Living Well Program vendor partners (i.e. virtual yoga, online cooking classes, fitness offerings, etc.).</li> <li>• Coordination of onsite events such as biometric health screenings and flu shot clinics with our vendor partners under new COVID-related safety protocols.</li> </ul>	<p>Nothing planned for 2021 yet – NYSHIP can request an overview of MVP’s Commercial Health Promotion services and support at any time to see how we can meet any specific needs.</p>